

Ketamine Assisted Therapy Pricing

I've partnered with WonderMed to offer Ketamine-Assisted Psychotherapy (KAP) to eligible clients. KAP can be a powerful addition to traditional therapy, especially for those dealing with depression, anxiety, or PTSD. It's also helpful for clients who feel stuck or have hit a plateau in their current therapeutic work. Recent studies show that KAP can lead to meaningful, long-lasting improvements in mental health. While a full course typically includes 6–8 sessions, clients start with an initial series of 4 ketamine doses to gauge effectiveness and response.

Once medically cleared through Wondermed, we will set up a “dosing session” to administer the medication (orally in lozenge form).

The dosing session is a 3 hr session. The 1st hour can be billed to insurance as a 60 minute psychotherapy session, the additional 2 hrs will be charged to the patient at \$160/hr, my regular hourly rate for a total of \$320 billed to the client. This fee will be due on the day of the dosing session, please bring check or credit card.

A comprehensive integration session (1hr) is strongly recommended within a week of your dosing session.

I will clear 3 hours of time for dosing sessions, so I ask that if you need to cancel or reschedule, to give at least 48 hrs notice. If at the time of the dosing session, you decide you cannot do your Ketamine dose that day I will ask that you pay half the cost of the dosing session (\$160) as a late cancellation fee.

Please arrange for someone to pick you up from your dosing session as you will be advised not to drive the rest of the day. I will provide a preparation checklist for you before our dosing session of items you may want and/or need the day of dosing.

Client Signature/Date: I have read and understand the above information.